

## Freedom of Information Request 20 049

Our Reference: Name: Date: Address: FOI 20 049 / AA / LP 9<sup>th</sup> March 2020

Dear

Further to your Freedom of Information Request, please find the Trust's response below:

I am writing to request information about mental health services for people with Parkinson's at your NHS Trust. Following the inclusion of '1.4.9 Offer specialist cognitive behavioural therapy targeted at impulse control disorders if modifying dopaminergic therapy is not effective. [2017]' in the NICE guidance on Parkinson's we are interested to know which trusts are providing this service for people with Parkinson's.

Please could you answer the following questions about what your Trust provides?

Many thanks in advance.

1) Does your Trust provide a service that delivers cognitive behavioural therapy for people experiencing compulsive or impulsive behaviours or disorders? (yes/no) Yes, Humber Teaching NHS Foundation Trust ('the Trust') provide this through its IAPT service

2) Does your Trust provide a service that delivers cognitive behavioural therapy for people with Parkinson's experiencing compulsive or impulsive behaviours or disorders? (yes/no) The Trust does not provide this therapy for people specifically with Parkinson's although this condition would not exclude a person from accessing the IAPT service.

3) If so, what type of health professional provides this service? (please list specific job titles) N/A

4) Is this service specifically commissioned by your clinical commissioning group? (Yes/No) Not specifically for Parkinson's

5) Is the service commissioned by NHS England? (Yes/No) No

Kind regards, HumberNHSFT www.humber.nhs.uk





Caring, Learning and Growing

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https://www.humber.nhs.uk/about-our-trust/freedom-of-information-enquiry-form.htm







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